

Early Math Skills

Counting

Measuring

Sequencing of Events

Understanding of Time

Spatial Concepts

Numbers & Fractions



Language Skills

Observing

Describing

Predicting Outcomes

Geography

Pre-Reading and Beginning Reading

Numeral Recognition

Recognition of Symbols

Word Recognition

Learning New Vocabulary



Art Skills

Fosters Originality – Creative Imaginative Ideas

Awareness of Color, Texture, Form & Shape

Aesthetic Development

Socio-Emotional Skills

Sense of Independence

Working as a Team, Sharing

Feeling of Accomplishment

Respect for Other's Work

Trying New Experiences

Ability to Follow Directions

Memory – Short & Long Term

Science Skills

Cause & Effect

Chemistry

Temperature

Testing Hypothesis

Physical Properties of Food

Investigating the Origin of Foods



Social Studies

Regional Foods

Ethnic Foods

Food in Various Cultures

Geography

Nutrition

Learning about MyPlate

Developing Positive Attitudes about Nutrition

Trying New & Unusual Foods

Planning Healthy Meals or Snacks

Food Literacy

Opportunity: Taste, Feel, Smell New Foods

Increase Knowledge of Good Nutrition

Familiarity with Ingredients & Techniques

Sensory-Motor Skills

Sight & Food Appearance

Smell & Taste Identification

Tactile Experiences – Food Texture, Size

Small & Large Muscle Coordination

Strength & Endurance

Hand-Eye Coordination

Agility

